

Grŵp Trawsbleidiol ar Diabetes Cross Party Group on Diabetes

27.09.23. 12:30 – 13:30
Pierhead & Hybrid

Cadeirydd | Chair: Jayne Bryant AS

Is-gadeirydd | Vice Chair Joel James AS

Ysgrifennydd | Secretary: Diabetes UK Cymru, Mathew Norman, Dirprwy Gyfarwyddwr

Agenda:

Amser Time	Pwnc	Topic
12:30	1. Cyflwyniadau	1. Introductions
12:35	2. Materion yn codi o gyfarfod Medi 2023	2. Matters arising from September 2023 meeting
12:40	3. Cyflwyniad gan Diabetes UK Cymru ar y Datganiad Ansawdd a'r ymgynghoriad Amgylcheddau Bwyd Cadarnhaol diweddar.	3. Presentation from Diabetes UK Cymru on the Quality Statement and the recent Positive Food Environments consultation.
13:05	4. C&A	4. Q&A
13:10	5. Cyllideb Llywodraeth Cymru - pryderon a diweddariadau gan aelodau.	5. Welsh Government Budget – concerns and updates from members.
13:25	6. UFA	6. AOB
13:30	7. Cloi	7. Close

1. Cyflwyniadau (5 mun)

<ul style="list-style-type: none">Ymddiheuriadau <p>Samuel Kurtz AS (mae ganddo gyfarfod arall wedi'i drefnu eisoes) Ross Evans, Aren Cymru (mewn Cynhadledd) Mathew Norman, Diabetes UK Cymru (Sâl) Wendy Gayne - Grŵp Cyfeirio Cleifion Diabetes Cymru Gyfan</p> <ul style="list-style-type: none">Cyflwyniad cyflym gan y rhai a oedd yn bresennol Quick introduction by attendees.	<ul style="list-style-type: none">Apologies <p>Samuel Kurtz MS (already has another meeting scheduled) Ross Evans, Kidney Wales (attending Conference) Mathew Norman, DUK Wales (Unwell) Wendy Gane - All Wales Patient Reference Group on Diabetes</p> <ul style="list-style-type: none">Cyflwyniad cyflym gan y rhai a oedd yn bresennol Quick introduction by attendees.
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<p>Jayne Bryant AS - Llafur Cymru Rachel Burr - Diabetes UK Scott Crawley - Cydgysylltydd Cenedlaethol Diabetig Foot Neica Jones - Cydgysylltydd y Grŵp Gweithredu Catherine Washbrook - Arweinydd Maeth a Deieteg Cymru Gyfan ar gyfer Diabetes Rob Lee, Is-gadeirydd AWDPRG Dr Carys Marshall - Prif Seicolegydd Clinigol Lee Gonzales - o Swyddfa Joel James AS Tess Saunders, RCPOD Joanne Oliver - Rheolwr Grwpiau Gweithredu a Rhwydwaith Cydweithrediad y GIG Lauren Edmunds-Smith - Cydweithrediad y GIG Sarah Davies - Meddyg Teulu Sue - Cydweithrediad y GIG Rhia - Cydweithrediad y GIG Chelsea Fraser – Cyfathrebu o swyddfa Jayne Bryant AS (Cymryd cofnodion yn lle Mathew Norman)</p>	<p>Jayne Bryant MS - Welsh Labour Rachel Burr - Diabetes UK Scott Crawley - National Diabetic Foot Co-ordinator Neica Jones - Implementation Group Coordinator Catherine Washbrook - All Wales Nutrition & Dietetic lead for diabetes Rob Lee - Vice Chair AWDPRG Dr Carys Marshall - Principal Clinical Psychologist Lee Gonzalez – From the Office of Joel James MS Tess Saunders - RCPOD Joanne Oliver - NHS Wales Implementation Groups and Network Manager NHS Collaboration Lauren Edmunds-Smith - NHS Collaborative Sarah Davies - GP Sue - NHS Collaborative Rhia - NHS Collaborative Chelsea Fraser – Comms from the office of Jayne Bryant MS (Taking minutes in lieu of Mathew Norman)</p>

2. Materion yn codi o Gyfarfod mis Ebrill 2023 | Matters arising from April 2023 Meeting (5 mun)

<ul style="list-style-type: none"> • Ymddiheuriadau am y trafferthion technegol yn y cyfarfod diwethaf. • Mae'r ddogfen ymgynghori wedi'i drafftio a'i rhannu gydag aelodau, ac mae nifer o ymatebion wedi dod i law. • Hwn fydd ein cyfarfod olaf ar yr ymchwiliad a bydd y gwaith casglu tystiolaeth yn dod i ben heddiw, os oes gennych unrhyw ychwanegiadau munud olaf, cysylltwch â'r Ysgrifenyddiaeth Mathew Norman @ mathew.norman@diabetes.org.uk 	<ul style="list-style-type: none"> • Apologies for the Tech issues in the last meeting. • The consultation document has been drafted and shared with members with several responses received. • This will be our last meeting on the inquiry and evidence gathering will conclude today, if you have any late minute additions, please get in contact with the Secretariat Mathew Norman @ mathew.norman@diabetes.org.uk
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3. Cyflwyniad Diabetes UK Cymru | Diabetes UK Cymru Presentation (20 mun)

<ul style="list-style-type: none"> • Cyflwyniad gan Rachel Burr Cyfarwyddwr Diabetes UK Cymru ar y cyhoeddiadau diweddar ar y Datganiad Ansawdd a'r Amgylcheddau Bwyd Cadarnhaol. 	<ul style="list-style-type: none"> • Presentation from Rachel Burr Director of Diabetes UK Cymru, on the recent announcements on the Quality Statement and Positive Food Environments
<p>Nodiadau</p> <ul style="list-style-type: none"> ▪ Effaith diabetes a diabetes yng Nghymru ▪ Mae gan 200,000 o bobl yng Nghymru fath o ddiabetes ▪ Rheoli diabetes ▪ Atal a gofal o ansawdd – hanfodol i oedi diabetes ▪ Cyllid ar gyfer rhaglen atal diabetes yn dod i ben yn fuan ▪ Camau nesaf yn dilyn y drafodaeth <p>Camau i'w cymryd</p> <ol style="list-style-type: none"> 1. Cwestiwn - Safon am ddiabetes math 1 a 2 - atal mynd i'r ysbyty. <ul style="list-style-type: none"> - Mae NICE yn argymhell dod â nhw i mewn yn dda a'u cadw i mewn. - Cam i'w gymryd: Mae angen archwilio pellach i ddarparu rhaglen ac adnoddau. 2. Adnoddau ar gyfer pontio - unedau plant unedau sy'n cael trafferthion. <ul style="list-style-type: none"> - Cam i'w gymryd: Adnoddau i'w darparu ar gyfer addysg barhaus. 3. Trafodaeth ar gyllid: <ul style="list-style-type: none"> - Pa gyllid sydd ei angen ar ba adeg? - Mae cyllid yn bryder mawr. 4. Nyrsys diabetig arbenigol yn y gymuned. <ul style="list-style-type: none"> - Cam i'w gymryd: Arbed pobl rhag gorfod mynd i apwyntiadau meddyg teulu ac ysbyty. 5. Presgripsiynau electronig a chofnodion cleifion. <ul style="list-style-type: none"> - Cam i'w gymryd: Grymuso cleifion i reoli'n dda gyda gwybodaeth sydd ar gael iddynt. 6. Effaith seicolegol gydnabyddedig diabetes. 	<p>Notes</p> <ul style="list-style-type: none"> ▪ Impact of diabetes and diabetes in Wales ▪ 200000 people in Wales have a form of diabetes ▪ Managing diabetes ▪ Prevention and quality care – essential to delaying diabetes ▪ Funding for diabetes prevention programme ends soon ▪ Next steps following the debate <p>Actions</p> <ol style="list-style-type: none"> 1. Question - Standard about type 1 and 2 diabetes - preventing hospitalization. <ul style="list-style-type: none"> - NICE recommends bringing them in well and keeping them in. - Action: Further exploration required to provide a program and resources. 2. Resources for transition - units children units struggling. <ul style="list-style-type: none"> - Action: Resources to be provided for ongoing education. 3. Discussion on funding: <ul style="list-style-type: none"> - What funding is needed at what point? - Funding is a big concern. 4. Diabetic specialist nurses in the community. <ul style="list-style-type: none"> - Action: Save people from GP and hospital appointments. 5. Electronic prescriptions and patient records. <ul style="list-style-type: none"> - Action: Empower patients to manage well with information at their disposal.

<p>- Cam i'w gymryd: Canfod straen ac anawsterau sy'n gwaethygu symptomau a darparu cefnogaeth i deuluoedd ac unigolion.</p> <p>7. Sylw - Sut y gall technoleg atal datblygiad yn y cyfnod cyn-diabetig?</p> <p>8. Deall anghenion a dylanwadu ar raglenni. - Cam i'w gymryd: Cynyddu setiau sgiliau pobl sy'n gweithio gyda chleifion diabetes.</p> <p>9. Trafodaeth ar ofal oedolion ifanc. - Cam i'w gymryd: Edrychwch ar yr hyn a ddisgwylir gan oedolion ifanc sy'n dal i ddatblygu a chydabod pwysigrwydd y newid o'r ardegau i fod yn oedolyn ifanc.</p>	<p>6. Recognized psychological impact of diabetes. - Action: Identify stress and difficulties that exacerbate symptoms and provide support for families and individuals.</p> <p>7. Comment - How can technology prevent development at the pre-diabetic stage?</p> <p>8. Understanding the needs and influencing programs. - Action: Increase skill sets of people working with diabetes patients.</p> <p>9. Discussion on young adult care. - Action: Look at what is expected from young adults who are still developing and acknowledge the importance of the transition from teen/young adult.</p>
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4. C&A (10 mun)

<ul style="list-style-type: none"> • Cwestiynau am y cyflwyniad. 	<ul style="list-style-type: none"> • Questions on the presentation.
<p>Bwydydd afiach Sylw ar Brydau Ysgol yng Nghymru: - Gwnaed sylw ynglŷn ag ansawdd prydau ysgol yng Nghymru a pha mor iach ydynt. - Awgrymwyd y dylid buddsoddi mewn darparu gwell dewisiadau bwyd i blant. - Pwysleisiwyd ei bod yn bwysig dangos i blant eu bod yn cael eu gwerthfawrogi drwy'r prydau bwyd a'r wybodaeth y maent yn eu cael.</p> <p>3. Rhannu Manylion y Gynghrair Gofal yn yr Ysgolion: - Trafodwyd yr angen i rannu gwybodaeth am y Gynghrair Gofal yn yr Ysgol. - Cam i'w gymryd: Manylion ac adnoddau perthnasol i'w rhannu gyda'r rhai sy'n bresennol.</p> <p>4. Ysmygu ac Ymgyrch Gwrth-ysmygu:</p>	<p>Unhealthy foods Comment on School Meals in Wales: - A comment was made regarding the quality and healthiness of school meals in Wales. - It was suggested that investment should be made in providing children with better food choices. - The importance of showing children that they are valued through the meals and information they receive was emphasized.</p> <p>3. Sharing Details of Care in School Alliance: - The need to share information about the Care in School Alliance was discussed. - Action: Relevant details and resources to be shared with attendees.</p> <p>4. Smoking and Anti-Smoking Campaign:</p>

<ul style="list-style-type: none"> - Codwyd y pwnc ysmegu a'r ymgyrch gwrth-ysmygu. - Nodwyd mai nod yr ymgyrch ddylai fod i addysgu a chymedroli arferion ysmegu. - Gwnaed yr awgrym i gymhwyso strategaethau tebyg ar gyfer newid wrth hyrwyddo arferion iachach. 	<ul style="list-style-type: none"> - The topic of smoking and the anti-smoking campaign was raised. - It was noted that the goal of the campaign should be to educate and moderate smoking habits. - The suggestion was made to apply similar strategies for change in promoting healthier habits.
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5. Cyllideb Llywodraeth Cymru - pryderon a diweddariadau gan yr aelodau. | Welsh Government Budget – concerns and updates from members.

<ul style="list-style-type: none"> • Trafodaeth ar gyhoeddiad diweddar o ddiffyg o £900 miliwn gan Lywodraeth Cymru a galwadau gan y Llywodraeth i ofyn i bob maes gwariant adolygu eu cyllidebau gan gynnwys Iechyd. • Ystyried a yw'r Grŵp yn cyflwyno ymateb i'r Pwyllgor Cyllid ar faterion sy'n effeithio ar ofal diabetes pan fydd gwaith craffu ar gyllideb Llywodraeth Cymru yn dechrau. • Ystyried unrhyw gamau y mae'r Grŵp neu Aelodau o'r Senedd sy'n bresennol yn dymuno eu gwneud. 	<ul style="list-style-type: none"> • Discussion on recent announcement of £900m shortfall from the Welsh Government and calls by the Government to ask all areas of spending to review their budgets including Health. • Consideration whether the CPG submits a response to the Finance Committee on matters affecting diabetes care when scrutiny of the Welsh Government budget begins. • Consideration of any actions the CPG or Senedd Members attending wish to make.
<p>Sylwadau/nodiadau/camau gweithredu</p> <ul style="list-style-type: none"> ▪ CAMAU GWEITHREDU - Cysylltu â'r pwyllgor iechyd – rhoi rhywbeth at ei gilydd gan y Grŵp i'r pwyllgor am bwysigrwydd diabetes a chyllid – llythyr drafft, yn amlinellu'r materion allweddol y mae'r cyllid presennol yn gwneud gwahaniaeth ynddynt ▪ Grŵp Seren - cyfathrebu i egluro – nodiadau mewn sylwadau ▪ CAMAU GWEITHREDU - Bydd Joel James AS yn ysgrifennu pwyntiau allweddol ac yn eu rhannu 	<p>Comments/notes/actions</p> <ul style="list-style-type: none"> ▪ ACTION - Address health committee – put something together from the CPG to the committee of the importance of diabetes and funding – draft letter, outlining key issues that current funding is making a difference in ▪ Seren group - communications to clarify – notes in comments ▪ ACTION - Joel James MS will write up key points and share

6. UFA | AOB

- Sylwer y bydd y Pwyllgor Deisebau wedi clywed y ddeiseb yr wythnos hon, gan Zoe Beasly ar [Ganllawiau hygyrch ar gyfer rhieni ac ysgolion er mwyn helpu'r broses o ddatblygu cynlluniau i gefnogi plant ag anghenion dysgu ychwanegol.](#)
 - Diweddariad – caiff ei chyfeirio am adolygiad parhaus - sawl deiseb gyda thua 6,000 o lofnodion. Jayne Bryant AS yn hapus i ysgrifennu llythyr o gefnogaeth.
- Mae'r Gynghrair Gofal yn yr Ysgol (o dan gadeiryddiaeth Diabetes UK Cymru) yn sefydlu is-bwyllgor sy'n adolygu'r modd y caiff y Ddeddf Anghenion Dysgu Ychwanegol ei gweithredu, mae croeso i bawb a groesawyd heddiw gymryd rhan, cysylltwch â Mathew Norman.
 - Is-grwpiau gan gynnwys un yn ymwneud â'r Ddeddf ADY.
- Dyma ein cyfarfod olaf o'r Grŵp eleni o dan yr ymchwiliad hwn, byddwn yn trefnu'r cyfarfod nesaf ar gyfer 2024. Yn y cyfamser, croesewir cynigion ar gyfer gwaith y Grŵp y flwyddyn nesaf.
 - Rhannwch awgrymiadau, a'u hanfon at Diabetes UK/Cymru
- Diwrnod Diabetes y Byd, 14 Tachwedd, Pierhead, @18:00 – 20:00, Lansio Adroddiad y Grŵp, o dan faner Diabetes UK Cymru, a Jayne Bryant AS yn noddi.

Bydd gwahoddiadau i ddigwyddiad y Senedd yn cael eu hanfon yn ystod yr wythnos nesaf.

- Note that this week, the Petitions Committee will have heard the petition from Zoe Beasly on [Accessible guidance for parents and schools to help develop plans to support children with additional learning needs.](#)
 - Update – being referred for ongoing review – several petitions with around 6000 signatures. Jayne Bryant MS happy to write letter of support
- The Care in School Alliance (chaired by DUK Cymru) is setting up a sub-committee reviewing the implementation of the Additional Learning Needs Act, all welcomed today are welcome to participate, please get in contact with Mathew Norman.
 - Sub groups including one around the ALN Act.
- This is our last meeting of the CPG this year under this inquiry, we will arrange the next meeting for 2024. In the interim proposals of work for the CPG next year are welcomed.
 - Share suggestions, please put them forward to Diabetes UK/Cymru
- World Diabetes Day, November 14th, Pierhead, @18:00 – 20:00, CPG Report Launch, hosted by DUK Cymru sponsor Jayne Bryant MS.

Invites to the Senedd event will be sent in the next week.

7. Cloi | Close

<ul style="list-style-type: none">• Dyddiadau'r cyfarfodydd nesaf yw:<ul style="list-style-type: none">○ Ionawr / Chwefror 2024 i'w cadarnhau• Ewch ag unrhyw fwyd dros ben gyda chi i'ch swyddfa / gartref	<ul style="list-style-type: none">• The next meeting dates are:<ul style="list-style-type: none">○ Jan/Feb 2024 tbc• Take any left-over food back with you to office/home
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ACTIONS

Dyddiad y cyfarfod nesaf i'w gadarnhau	Next meeting date TBC
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